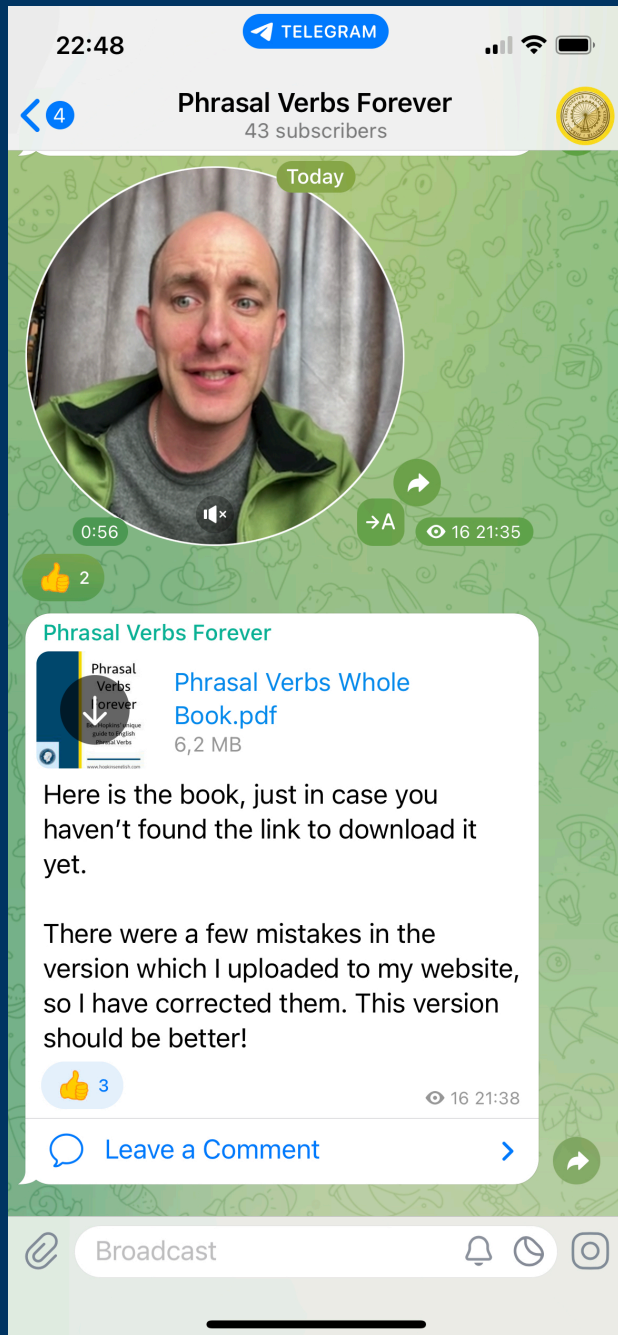


Up and Down

Логика Фразовых Глаголов

Ben Hopkins



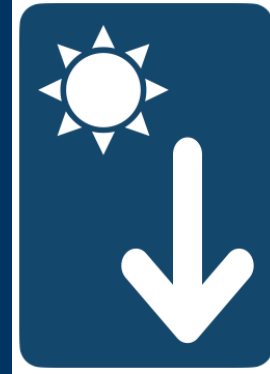
Please join!



stand up
sit up
get up
jump up
look up

Put your hand up

sit down
slouch down
lie down
duck down
squat down
kneel down
fall down
take your hands
down



a slide
a ladder
a hill
a tree
a mountain
a road
a river
stairs / steps

go up
come up
get up

ride up
walk up
run up
drive up
crawl up

go down
come down
get down

ride down
walk down
run down
drive down
roll down

ski down
sledge down



weights
a box
a bag

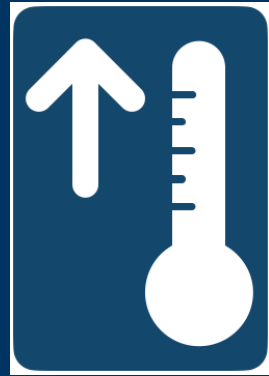
lift it up
hold it up
pick it up

put it up
hang it up

put it down
take it down
lower it down

let it down

hold him down
keep him down



volume
prices
temperature
pressure
oil price
voice (pitch)
speed
mood

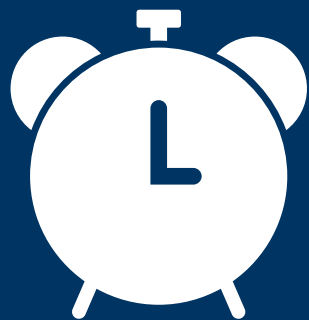
speak up
turn it up

go up
speed up
warm it up
heat it up
wind up
work up
build smb up
cheer smb up

turn it down
keep it down

go down
(come down)
slow down
cool it down
calm down

put smb down
get smb down



stay up - to work, to party, to watch a film, to watch Ben's webinar, because of illness

keep you up - my brother, bad thoughts... noisy neighbours.

look up a word, a person, a
phone number

bring up politics, his illness

Creative verbs

make up a story / think up

come up with a plan

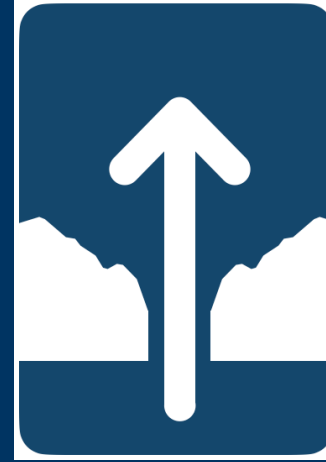
draw up a plan / scheme

set up a meeting

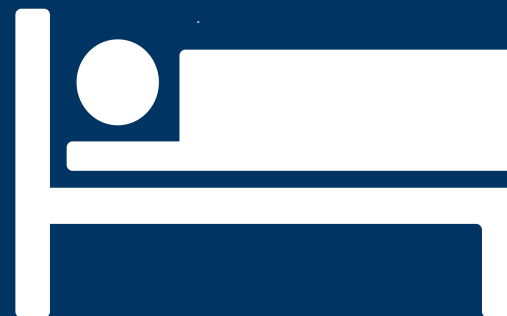
cook up - serve up - rustle up



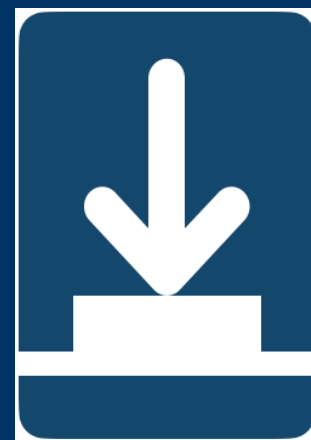
Something has come up.
A protest movement rose up
Your watch will turn up soon.
We ended up in the pub.
She didn't show up for our date.



break, close, shut



write...



verbs related to work / effort

clean up - tidy up - wash up -
do up (ремонт) - fix up - sweep
up - mop up

eat up - drink up - use up

fill up - charge up

bring smb up - smb grows up

f*** up - screw up - mess up

dress - dress up

save - save up

set up

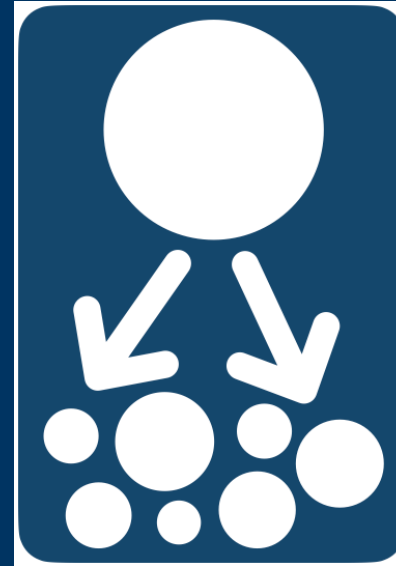


Ready!



Special kinds of work

split up - break up - cut up -
chop up - blow up - tear up -
rip up - blast up

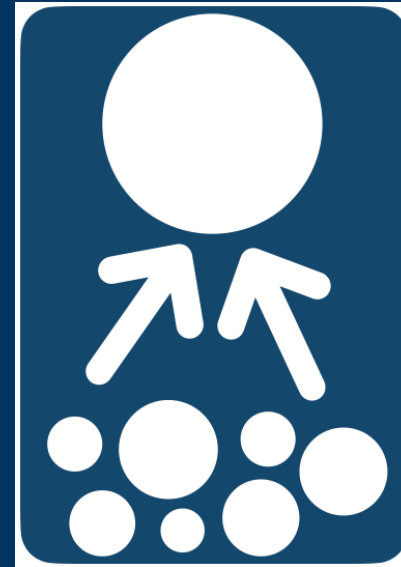


Special kinds of work

gather up - pack up - join up -
sign up - add up - sum up -
match up

catch up with - meet up - team
up

do up: zip up, button up,
buckle up, belt up, tie up, lock
up, shut up



Join something to yourself

pick it up, pick smb up

take up the piano, running,
English

come up - go up - walk up

it's coming up

